

		dl	dt	dc	dj	dv	db	dg
06:45 - 07:30	MULTIFUNCIONAL	BODYPUMP		CARDIOFIT	FULLWORK			
09:30 - 10:00	MULTIFUNCIONAL		FULLWORK	BODYPUMP	DANCE	CARDIOFIT		
10:15 - 11:00	MULTIFUNCIONAL					ZUMBA		
10:30 - 11:15	MULTIFUNCIONAL	BODYPUMP	DANCE	FULLWORK	BODYCOMBAT			
11:00 - 11:45	MULTIFUNCIONAL						FULLWORK/PUMP	FULLWORK/PUMP
13:45 - 14:30	MULTIFUNCIONAL	FULLWORK		BODYPUMP	BODYCOMBAT	HIIT		
15:00 - 15:45	MULTIFUNCIONAL	CARDIOFIT	FULLWORK	HIIT	BODYPUMP			
16:30 - 17:15	MULTIFUNCIONAL	BODYPUMP						
17:30 - 18:15	MULTIFUNCIONAL	HIIT	CARDIOFIT	FULLWORK	ZUMBA	BODYPUMP		
18:30 - 19:15	MULTIFUNCIONAL	FULLWORK	BODYCOMBAT	HIIT	BODYPUMP	DANCE		
19:30 - 20:15	MULTIFUNCIONAL	CARDIOFIT	ZUMBA	BODYPUMP	FULLWORK	HIIT		
20:30 - 21:15	MULTIFUNCIONAL	HIIT	BODYPUMP	BODYCOMBAT	DANCE			